

FOR PHYSIOS, PTS, AND COACHES

A clearer way for athletes to arrive prepared

Diorama helps active adults bring their own training, recovery, pain, and adherence context into a care or coaching conversation.

What an athlete can bring

ONE PDF A concise, athlete-generated report that can include training history, pain and soreness trends, rehab adherence, recovery context, and notes for the conversation.

THEIR CHOICE The athlete chooses when to generate it and whether to print it, send it ahead, or bring it to the appointment.

ON-DEVICE Reports are generated on the athlete's device. Diorama is not a clinic portal and does not replace clinical assessment.

A simple recommendation

For an athlete who wants to bring more useful context to our next session, try Diorama. Before we meet, open **Settings > Data Management > Care Team Reports**, choose the report that fits the conversation, and bring or send the PDF you generate.

Why it is useful

Less time reconstructing the week from memory and scattered screenshots. More time discussing what changed, what helped, and what to do next.

diorama.fit/pros

See a synthetic report example and learn how athlete-controlled sharing works.